

## 朗阁新托福写作考题预测

### Integrated Writing:

#### 第一套:

#### 叶酸 (folic acid)

阅读文章的要点: 反对把叶酸 **fc** 加入到 **flour** 中当作面包吃的方案

- 1、这个东西不能用吃面包的方法来治疗, 因为有 15% (这个是听力的一个驳论点) 的人没有获得该得到的 folic acid;
- 2、这个东西对老年人不好, 老年人摄入过多了, 影响维生素 b12 的摄入;
- 3、还有更好的方法, 可以加到 vitamin pill 中。

听力讲座的要点: 认为并没有太大的关联

- 1、15%的数据有问题, 这个 average 数据, younger pregnant women 吃的还是很多, 毕竟他们需要能量的, 只有面包才能提供足够的能量, 所以他们很能吃面包的, 补充了叶酸 **fc**;
- 2、这个东西不是 excessive 而是 moderate, 这个东西可以抑制 limit 一些东西, 不吃这个的话老年人会有其他病的;
- 3、加入到 pill 中不好, 因为 **fc** 要在 the earliest 的时候摄入才有用, 而妇女不知道什么时候怀孕所以不行, 还有妇女不喜欢吃, 而如果吃 flour 做的面包的话就能解决这个问题, 因为妇女一直吃, 在最开始就能摄入的。

#### 第二套:

#### 火星上是否有生命

阅读文章的要点: 火星上有生命

- 1、用显微镜看火星来的陨石上面有一些 tube-like 化石能证明火星有生命存在;
- 2、在火星上发现一种特殊化合物, 跟地球上的一种化合物相似;
- 3、在火星上找到 meteorite grains。

听力讲座的要点:

- 1、用显微镜观察改变了化石的形状和真实构造。化石可能是在为电子显微镜准备样品时弄出来的;
- 2、化学物质也可能是火山产生的, 不一定从火星来;
- 3、火星没有地球这边强的磁场, 细菌不需要辨别磁场的的能力, 所以不能证明细菌是火星来的。

Since 1999

**Independent Writing:**

**1) 是否同意类**

**Do you agree or disagree with the following statement?**

**The most important thing governments should do to improve health care is to clean the environment.**

Sample answer:

Health plays the vital role in people's life. Nothing can compare with the significance of the health since most people accomplish nothing with a sick body, mentally and physically. Health care is increasingly concerned by both the individuals and the governments. Many effective ways are proposed to improve the health care.

One of the methods the majority of the people suggest to make the health care better is requiring governments to clean the environment, it goes without saying that cleaning the environment indeed contributes to the improvement of the health care as the better environment people have, the less air pollution there is, and the healthier they are. But we have to admit that cleaning the environment is neither the most important nor the only way to have a better health.

For the governments, building an all-rounded health care system is still quite necessary. A sophisticated health care system means that once the citizens have any problems regarding the health, governments can offer the instant and efficient assistance to the ones who need treatment. A systematic health care system guarantees the health of the inhabitants. Let take some advanced countries, like Unities system and Switzerland as the examples, in those countries, people have no worries about the health since they know clearly that the health care systems in their nations are so reliable that they can have the regular medical checkups and first-class remedies whenever they need.

Another way governments can do to improve people's health is raising people's awareness of fitness. Individuals cannot live healthily if they do not truly recognize the importance of health. Thus, all the relevant departments should take some measures, say, public service advertisings, to help people having a healthy life principle like taking exercises regularly, more vegetables, less oily and fried foods etc.

As the most essential factor, health deserves people and governments' focus and emphasis. Both the individuals and the countries should bear in mind that without people's willingness of being and living healthily, governments' actions, such as the environmental conservation, are in vain. Hence, the best way to improve the health care relies on the governments and people's mutual efforts.

**Since 1999**

**2) 二选一类**

**Imagine you are a university student and you are going to choose the course for the last semester of the university study. Would you choose the course taught by the professor you have listened to or the course taught by the professor you have not.**

Sample answer:

When we enter the university, it is our freedom to choose some courses at our own will.



These days a group of students are debating on a heated issue about whether we should enroll in the courses taught by some familiar professors or not in last semester of university life. In my perspective, I would like to take classes taught by familiar professors since there are several advantages and conveniences.

Firstly, we could follow with professors' style and accent. In the university, teachers' teaching styles vary from each other. While some might be patient with student and welcome to questions from students, others might prefer leading a class in their own path without any interruption. Different students have different tastes, so it would be easier for us to follow up with the teaching style of professor that we have listened to. Furthermore, some of us would face with another problem during class, the accent. If we have listened to some professors' classes, we would get used to their accent and feel easier to follow their path. If some unfamiliar professors have different accents that are difficult to understand, it would do harm to our confidence when taking the classes.

Moreover, familiar professors often pay more attention to the students they have known. As we know, if we take classes of the professors that we had listened to, the professors would pay attention to us because they are familiar with our response and our personality. More attention from teachers would benefit us and activate our passion to do well in his/her class. For instance, during the first year in the university, I took Advanced Mathematics taught by a nice professor who would like to encourage me to overcome the obstacles. As a student who felt nervous and upset when confronting with harsh problems, I was used to his style, his personality and his positive words. In the end of the term, I still chose his Linear Algebra and he paid more attention to me than other unfamiliar students. Thanks to his understanding of me, I did well in the final test.

Admittedly, as youngsters with curiosity, we should try fresh things as far as we can such as taking a new class in an unfamiliar field and try new professor's style. But since it is the last semester, we should guarantee that we should pass the final courses and successfully get the diploma, it would be a little risky to choose unfamiliar teacher's course. Furthermore, if we are interested in some other professors' classes, we could find the specific classroom and sit aside to listen to the class.

In a nutshell, taking classes of familiar professors would be easier and more convenient for us in the end of university learning.

### 3) 三选一类

**Your friend is trying to reduce living expenses. Which of the following way would you recommend to your friend and why?**

- A) Find a roommate (housemate) who can share living expenses
- B) Buy new technology products such as the latest mobile/cell phone
- C) Buy less expensive food to cook at home (instead of eating in restaurants or buying expensive food items)

Sample answer:

For those who are living in modern cities, the rising living expenses have become one of their concerns. In order to lighten financial burden, therefore, people need to sort out probable ways to cut down the cost of living, such as finding a roommate, buying

technology products less frequently or cooking at home. In my opinion, choosing less expensive food to cook at home may be the most practical as well as effective solution.

Firstly, shopping for less expensive food to cook at home costs obviously much less than eating outside, since you are charged not only for the food ordered, but also for some other things, like the services and the rent in a restaurant. Considering the fact that the cost of food makes up nearly a quarter of our total living expenses, this approach is definitely recommended, especially in the long run. Sometimes, perhaps, eating outside can also cause extra expenditure on transportation as you may need to take a bus or taxi to the restaurant or cafe.

What's more, it is widely acknowledged that cooking at home is comparatively healthy and safe, which drastically lowers the risk of suffering from certain food-related diseases such as diarrhea and sometimes even food poisoning. Hence, apart from reducing living expenses, it can avoid unnecessary medical expenses as well.

Finding a roommate who can share part of your living expenses, such as rent, on most occasions, seems to be a means of cutting down expenditure, but it may result in other financial problems, and it is also infeasible for those who are living with their family members or those who prefer to live alone. In addition, although buying technology products less frequently can save a small amount of money, it is not a long-term solution to this problem.

In conclusion, while finding someone to share the rent or saving money which would be spent on the latest technology products can be considered as probable ways of reducing living expenses, buying less expensive food to cook at home is the most practical and effective way to solve the problem.

